△ RESOURCES	▢ TASKS	◯ SUPPORTS

Sarcomotion (interactive multimeda CD-ROM)

Observe demonstration of *Sarcomotion* in lecture

Lecturer demonstrates use of animations in CD-ROM

Examine the **animations** in *Sarcomotion* and use the program's exploratory functionality **to answer self-directed questions** about the main characters (in relation to muscle contraction and control)

Lecturer/tutor support in tutorials

1 learning session

Intended Learning Outcome:
Build an appreciation of the dynamic roles of the main characters and their spatial and functional relationships to each other which results in muscle contraction and its control.